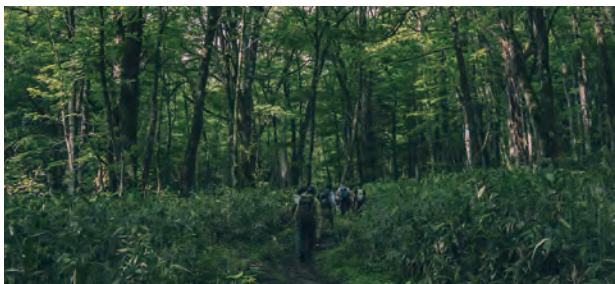


# SHINPI TRAIL

信 飛 ト レ イ ル

**A walking trail approximately 115km in length,  
connecting Matsumoto and Takayama.**

Since 2000, there has been a shift from mountain climbing to long trails that allow people to walk various paths and connect with the natural, historical, and cultural aspects of regions across Japan. The Shinpi Trail is one such example. Spanning 115km between Matsumoto and Takayama, it links ancient paths and highways adorned with rich nature and history, crossing over mountain passes in the Hida Mountain Range (Northern Alps), designated as the Chubu Sangaku National Park. This trail serves as a connection between villages, mountains, and people.



### The mountainous culture nurtured by the blessings of volcanoes in the Hida Mountain range.

The Hida Mountains, also known as the Northern Alps, are known for their towering peaks formed by volcanic activity. Rainfall on these mountains flows down the slopes, gradually gathering to form clear streams that cascade east and west along the mountain range. Numerous villages have emerged alongside rivers, cultivating the local culture in the foothills of the sprawling Hida Mountains.

### Ancient paths connecting Shinano (present-day Nagano) and Hida (present-day Gifu), spanning across the Hida Mountains.

Between the Shinano (present-day Nagano) and Hida (present-day Gifu) regions, numerous ancient paths have been preserved. In the past, routes such as the Kamakura Kaido, Hida Shindo, Tokugo Pass, Nakao Pass, Abo Pass, Nomugi Pass, and Hirayu Pass served as valuable transportation networks, facilitating the movement of people and goods across the vast region separated by the Hida Mountains. These ancient paths played a crucial role in nurturing the cultures of both regions.

### The birthplace of modern mountaineering in Japan and beloved by Walter Weston.

William Gowland, who named the Japanese Alps, and Walter Weston, who introduced modern mountaineering to Japan, are said to have undertaken multiple journeys, crossing the mountain passes between present-day Matsumoto and Takayama. This region is known for being the birthplace of modern mountaineering history in Japan likewise filled with a distinctive charm of mountain culture.

Please join hands with us to develop and share the Shinpi Trail with others.

## Shinpi Trail Preparation Association

The Shinpi Trail Preparation Committee (Incorporated), established in April 2023, continues its efforts in activities such as trail route surveys and preparations for the official opening, as well as initiatives for promoting utilization and ensuring sustained use. Through the Shinpi Trail project, the committee aims to rediscover local resources and contribute to regional collaboration, revitalization, and tourism promotion. The objective is to walk the long route, allowing individuals to experience the rich natural environment, connect with nature and daily life from the ground up, stimulate various discoveries, and contribute to building a better society.

By linking the two cities of Matsumoto and Takayama at the foothills of the Northern Alps, where a vibrant natural environment thrives, through the trail reminiscent of ancient roads, the committee envisions creating a unified community that transcends existing frameworks. They are committed to conducting maintenance and conservation activities under the same principles to nurture the trail and see it flourish.

To realize the above principles and leave a beautiful natural environment for future generations, the Shinpi Trail upholds and practices the following charter.

### Shinpi Trail Charter

We respect nature and express gratitude for its blessings.

We steward ancient paths to connect history and culture to the future.

We designate trails that allow us to feel the blessings of the spring waters that flow from the volcanoes, and the earth in the Japanese Alps.

Walking becomes a path of inspiration and self-discovery.

We pay homage to both local residents and hikers, fostering mutual care.

Let's create a trail community and work together to maintain and preserve sustainable trails.



## Membership information

We're recruiting members who resonate with our mission and are willing to participate in activities together. The Shinpi Trail relies upon this membership-based organization to continue. Let's work together to protect the rich nature and alpine lifestyle by developing a beloved trail.

**Individual Supporter** ..... Annual Fee: 3,000 yen  
(Benefits: Biannual newsletters, original stickers)

**Corporate Sponsor** ..... Annual Fee: 100,000 yen and above  
(Benefits: Biannual newsletters, inclusion on the official website)

Applications are accepted throughout the year via the QR code registration form. >>>



### Contact

**Shinpi Trail Preparation Committee (Incorporated)**

E-mail [shinpitrail2023@gmail.com](mailto:shinpitrail2023@gmail.com)



Website

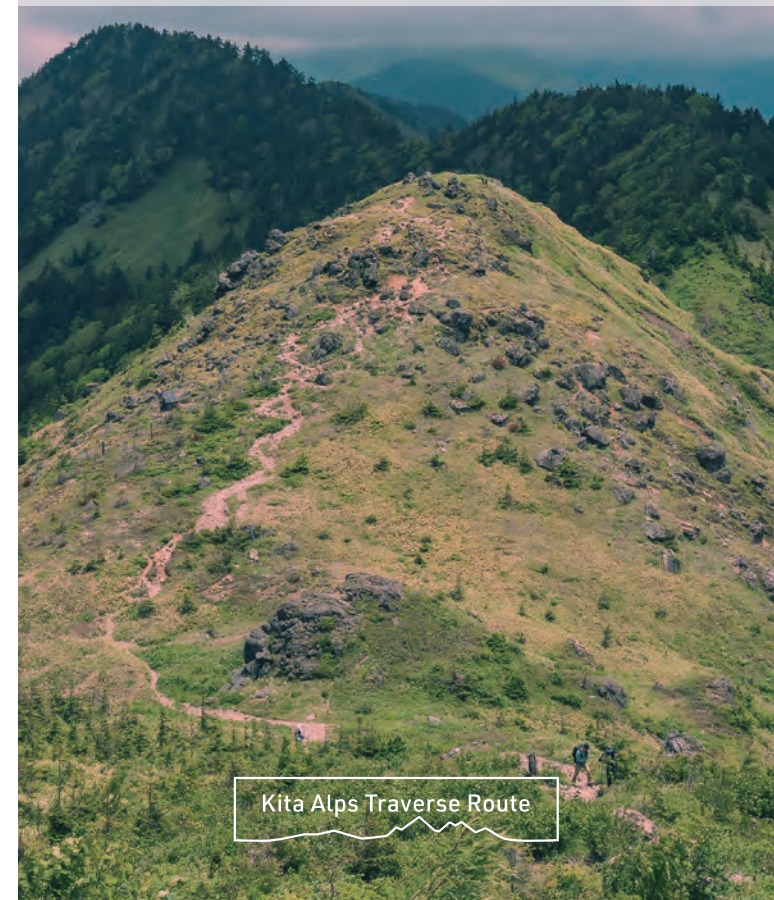
Opens in 2024 /



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A trail connecting people, villages, and mountains between Matsumoto and Takayama.



Kita Alps Traverse Route