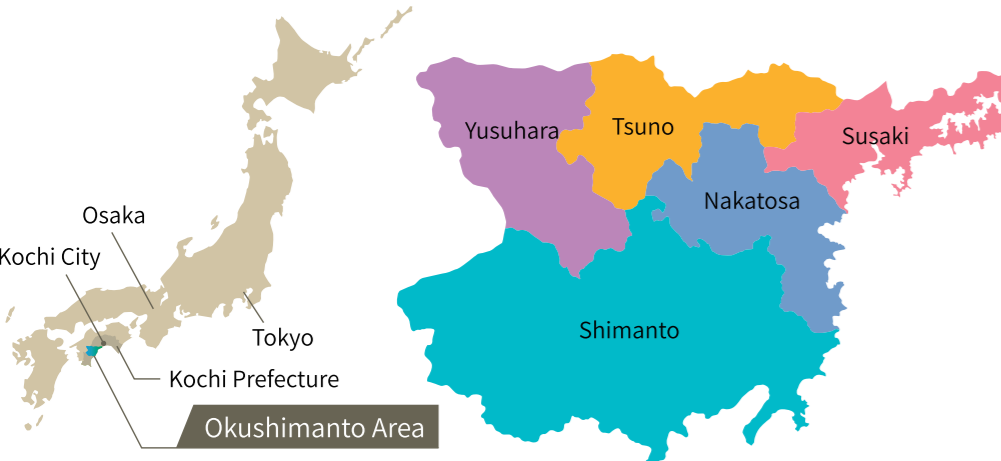


The Okushimanto Area in Central and Western Kochi Prefecture, Endowed With a Wealth of Tourism Resources

The Okushimanto Area is located in the central and western part of Kochi Prefecture and consists of the city of Susaki and the towns of Tsuno, Yusuhara, Nakatosa, and Shimanto. With convenient access from the city of Kochi, the tourism hub of Kochi Prefecture, this area offers a diverse range of tourist resources, such as the mountains, rivers, and seas of the great outdoors as well as history, tradition, culture, leisure, and dining.



Overview of the Five Municipalities of OkuShimanto



Susaki
Awa Coast



Tsuno
Shimanto River Headwaters



Yusuhara
Architecture by Kengo Kuma



Nakatosa
Kure Bay



Shimanto
Shimanto River

Located on Uranouchi Bay, a calm inland sea along the scenic ria coast of Yononami Peninsula, and facing the Pacific Ocean is the city of Susaki, a town known for its delicious fish nicknamed "Susaki the Sea Town". Enjoy sea kayaking at Awa Coast, with its small station building. The local Susaki specialty Nabeyaki Ramen is a must.

The town of Tsuno lets you experience the majesty of the mountains with Tengu Highlands in Shikoku Karst and a mountain ridge lined with 20 wind turbines. At the adventure park Forest Adventure Kochi, play in the trees, take a guided tour to the Shimanto River headwaters, experience forest therapy in Tengu Highland, and make vegetable sushi with locals.

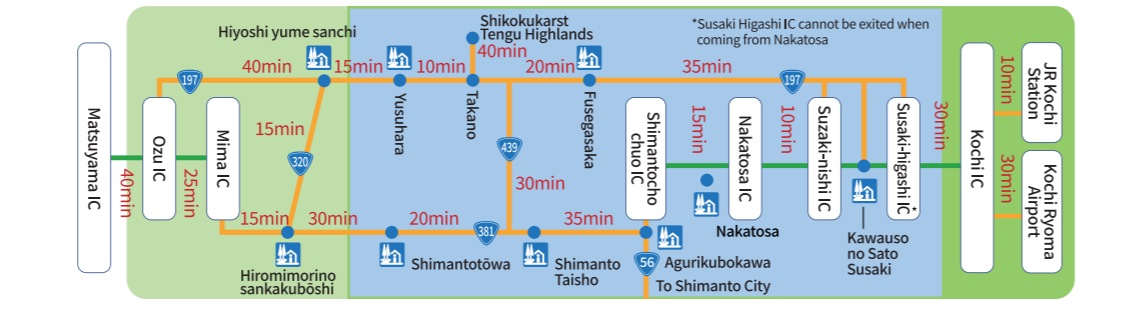
Yusuhara, the town above the clouds at the foothills of Shikoku Karst. This place is home to the Yusuhara Community Library and four other architectural marvels by the architect Kengo Kuma. Tour this town, once overtaken by shogunate loyalists, now on an electric scooter. The refined townscape, history, and nature remain intact for a place that exudes the lives of the people here.

Nakatosa, a thriving fishing town. The nostalgic streets, harbors, and sake breweries here make it perfect for a stroll. Map of Kure Taishomachi Market, famous for fresh seafood and vegetables. Kuroshio Honjin, a hot spring inn with stunning views of the Pacific. Kuroshio Honjin, a hot spring inn with stunning views of the Pacific.

Shimanto, a town nestled midway along the Shimanto River. Experience rafting and canoeing among sceneries of submersible bridges that evoke a sense of nostalgia. With the Shimanto River Zip Line, Kaiyodo Hobby Museum Shimanto, and Iwamoto Temple, the 37th temple of the Shikoku Pilgrimage, this town is fun for people of all ages.



Estimated travel time by car Places within the Okushimanto area can be reached in about 2 hours.



- Susaki City Tourism Association (With Google translation)**
 〒785-0001 1-9-11 Haramachi, Susaki, Kochi Prefecture
 TEL.0889-40-0315
- Tsuno Town Tourism Information Site (Japanese Only)**
 〒785-0201 Inside the Tsuno Town Tourism Promotion Division, 471 Nagano, Tsuno, Takaoka District, Kochi Prefecture
 TEL.0889-55-2021
- Yusuhara Kumonoue Tourist Information Center**
 〒785-0610 1F Yusuhara Yume Miraikan, 1426-1, Yusuhara, Takaoka District, Kochi Prefecture
 TEL.0889-65-1187
- Nakatosa Tourism Association**
 〒789-1301 6372-1 Kure, Nakatosa, Takaoka District, Kochi Prefecture
 TEL.090-9764-2830
- Shimanto Town Tourism Association (Japanese Only)**
 〒786-0013 1-1 Kotohiramachi, Shimanto, Takaoka District, Kochi Prefecture
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Okushimanto Time,
 Travel Website for the Okushimanto Area of Kochi Prefecture
<https://okushimanto.jp/en>
 (Published in March 2024)

Find make information about Okushimanto





Revel in the Mountains, Rivers, and Seas

Central and Western Kochi Prefecture

Okushimanto Area Information



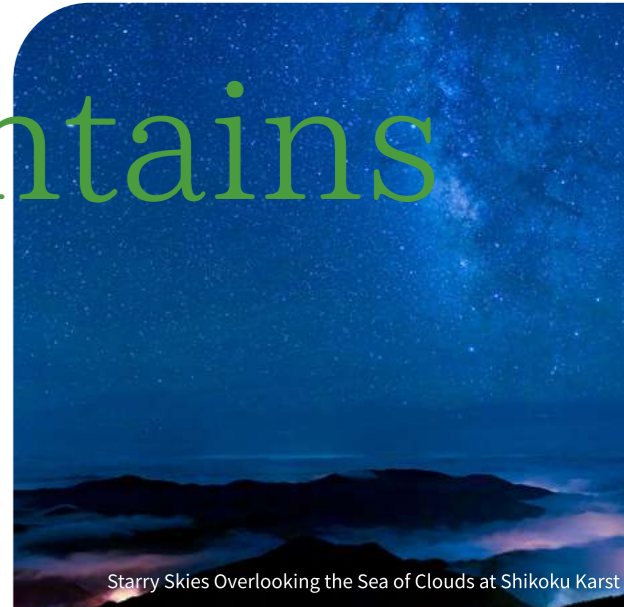
About the Okushimanto Area

The Shimanto River, Japan's last pristine stream, and the Shinjo River, where the Japanese river otter was last sighted, originate in the foothills of the Shikoku Karst, from which they flow gently through the lives of the people living at their basins and ultimately into the Pacific Ocean to nurturing its bountiful waters. The Okushimanto Area, where vivid landscapes of old Japan remain. Those who visit this land and experience the nature, seasonal foods, and rustic humanity here will notice a sense of revitalization and restoration to their true selves.

Mountains

Captivating Views from the Peak

At dawn, mountains emerge like islands from a sea of clouds, and at night, a sky full of stars silhouetted against the dark mountains unfolds above. The impressive natural panorama of the mountains of Okushimanto welcomes visitors.



Rivers

Sceneries Woven by Lush Nature and Human Life

The Shimanto and Shinjo Rivers, originating from the majestic mountains of Okushimanto, gather water from lush forests and flow as great rivers into the Pacific Ocean. River fishing, festivals, and other elements of the culture of a people who have lived with and cherished these rivers are passed down to this day.



Seas

The Lush and Diverse Seas of Okushimanto

From ria coastlines to beautiful beaches of white sand and green pines, the seas of Okushimanto are rich and diverse. Seaside dwellers who thrive on the variety of seafood nurtured by the sea. A unique fishing town culture thrives in these communities.

